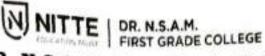


5.3.3.1 - Number of sports events/competitions in which students of the Institution participated during the year 2023-24

- Sports Events organized in the Institution- 07
- Sports Events organized by other Institutions-14

Sl. No	Sports Events organized in the Institution and other Institutions	Page. No
01.	Office Order	3
02.	National Sports Day Inter-class Men Volleyball and Women Throwball Competition	4-9
03	Inter-class Chess Competition for Men and Women Section	10-13
04	Inter-class Men Volleyball Competition	14-19
05	Inter-class Table Tennis Men and Women	20-22
06	Inter-class Carrom Singles for Men and Women	23-26
07	Inter-class Men's Kabaddi competition	27-31
08	Annual Sports Meet-100 Mtrs(Boys),100 Mtrs(Girls), 200 Mtrs (Boys), 200 Mtrs(Girls), 400 Mtrs(Boys), 400 Mtrs(Girls), 800 Mtrs(Boys), 800 Mtrs(Girls), 1500 Mtrs(Boys), 1500 Mtrs(Girls), Shotput(Boys), Shotput(Girls), Discuss throw (Boys), Discuss throw (Girls)	32-40
09	BCU Yoga selection trials competition at RJS First Grade College, Bangalore	41
10	BCU Men Kabaddi Selection Trails at Government Arts College, Bangalore	42
11	BCU Inter-Collegiate Lawn Tennis at National College Basvanagudi, Bangalore	43
12	BCU Inter-Collegiate Volleyball at BES College Jayanagar, Bangalore	44
13	BCU Inter-Collegiate Men's Karate at Sheshadripuram First Grade College, Bangalore	45
14	BCU Inter-Collegiate Football at Vidyanagara Kannada School, Bangalore	46
15	BCU Inter-Collegiate Cricket at National College Basavanagudi, Bangalore	47
16	BCU Inter-Collegiate Chess Tournament at MES College of Arts, Bangalore	48
17	BCU Inter-Collegiate Cross-Country Race for Men and Women at Dr. NSAM First Grade College, Bangalore	49-51

18	BCU Inter-Collegiate Athletic Meet at Kanteerava Stadium, Bangalore	52-53
19	BCU Inter-Collegiate Kho- Kho selection at GFGC Malleshwaram, Bangalore	54
20	BCU Inter-Collegiate Women's Kho Kho at Maharani Lakshmi College, Bangalore	55
21	BCU Inter-Collegiate Taekwondo selection trials at Bengaluru City University, Bangalore	56
22	BCU Inter-Collegiate Volleyball Tournament at BES College Jayanagar, Bangalore	57



DR. N.S.A.M. First Grade College

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Affiliated to Bengaluru City University

Date: 22 August, 2023

Office Order

As per the discussion held in the meeting conducted with the HoD's and faculty members on 16th August, 2023 it is decided to re-constitute Sports Committee/Gymnasium, Sports Utility Centre. The names of the committee convener and committee members nominated are mentioned below for the A.Y 2023-24.

Name of Convener and Members

Sl. No	Name of the faculty	Designation	Position	Department
1,	Principal		Chairperson	
2.	Mr. Vinoda B S	Director Of Physical Education	Convener/ Coordinator	Sports
3.	Mr. Thirumalesh C	Director Of Physical Education & Caretaker of NCC	Member	Sports
4.	Ms. Muthamma M.V	Director Of Physical Education	Member	Sports
5.	Mr. Shiva Kumar	Assistant Professor	Member	Commerce & Management
6.	Ms. Neha Kousar	Assistant Professor	Member	Commerce & Management

Further, the committee convener is directed to discuss with the committee members to nominate the student representatives and submit the same for approval. The nominated student representatives should be informed and involved in meetings to decide the activities and functioning of the Forum/Cell/Committee.

Copy to: 1. IQAC Coordinator 2. HOD's

PRINCIPAL Dr. N.S.A.M First Grade College, Krishnarajapura Village, Bengaluru - 560 089.

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2023-24

Department of Physical Education & Sports National Sports Day Report

Name of the Event	National Sports Day (Sports is an enabler for an inclusive and fit society)
Date	28th & 29th August, 2023
Day	Tuesday and Wednesday
	Vinoda B.8 (Head of The Sports Department)
Members in Jury	Thirumalesh C (PED)
	Muthamma M. V (PED)
Total No. of Participants	112
Target Class/ Course	I Sem class (10 sections)
Winners Throw ball Women	I Sem B.Com BDA
Winners Volleyball Men	I Sem B.Com A
Staff Events winners Dodge ball Tug Of War	Team Mary Kom (Magnificent Mary) Team P T Usha (Payyoli Express)
Highlights of the Event	National Sports Day was celebrated on the birthday of hockey legend Major Dhaya Chand. Various programs were conducted for the staff and the students to encourage all, irrespective of age, to engage in physical and sports activities. All the students and the staff participated enthusiastically. The event witnessed exceptional team spirit, encouragement and cooperation in all the events, and the activities kept the atmosphere lively, ensuring non- stop excitement. The event promoted a healthy lifestyle, sports and the importance of fitness in their daily routines.

Physical Education Director Dr. N.S.A.M. First Grade College 6y. No. 21, Krishnarajapura Villaga, Shivakote (P) Hesaraghatta Habil, Bangatore-660 089









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23 8 30 Coordinator/ Convener

Physical Education Director Dr. N.S.A.M. Fird Grade College Sy. No. 21, Krishnarajapura Vilage, Shivakole (P) Hesaraghatta Hobil, Bangalore-560 069



PRINCIPAL Dr. N.S.A.M. First Grade College Sy '- 21, Kristmorajapura Vilioge, State - Inche conghatta Hobil, State - Unigaidre-560 089

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Krishnamjapura village, Shivakote post, Bangalore-89

(NAAC Accredited)

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Department of Physical Education & Sports

Date: - 23/08/2023

Inter-class Volleyball competition for the year 2023-24 regarding National Sports Day Student enrolmentl list

Men Section Volley ball

		Class/Section
Sl.no	Name of the students	I Year BCA
1.	Darshan G	I Year BCA
2.	Charan V	I Year BCA
3.	Nithin M	I Year BCA
4.	Dilcep M	I Year BCA
5.	Akshay K	1 Year BCA
6.	Vinod P	I Year BCA
7.	Chandan A	I Year BCA
8,	Yogesh H V	I Year BCA
9.	Pratheeth Raj	I Year BCA
10.	Sachin M	I Year BCA
11.	Dilip J M	I Year BCA
12.		

	100 March 100 March 100 August 100	Class/Section
SL.no	Name of the students	II Year BCOM A
1.	Vivek T A	II Year BCOM A
2,	Karthik	II Year BCOM A
3.	Shreyas C	II Year BCOM A
4.	Chandu	II Year BCOM A
5.	Akshaya Yajman	II Year BCOM A
6	Adarsh	II Year BCOM A
7.	Mithun S	II Year BCOM A
8.	Pavan	II Year BCOM A
9.	Kishan Gowda	

	t dante	Class/Section
Sl.no	Name of the students	I Year BCOM LSCM
1.	Bhuvan	I Year BCOM LSCM
2.	Mani S	I Year BCOM LSCM
3.	Vamshi K	1 Year BCOM LSCM
4.	Arjun	I Year BCOM LSCM
5,	Amar	I Year BCOM LSCM
-	Yashwanth	I Year BCOM LSCM
7.	Vinay	I Year BCOM LSCM
	Roshan	I Year BCOM LSCM
9.	Kushal	

SI.no Name of the students Class/		
1. Vikas Rao	Class/Section	
2. Nischal	I Year BCA B	
	I Year BCA B	
- Reddy V	I Year BCA B	
and an D R	I Year BCA B	
	I Year BCA B	
intanc off	I Year BCA B	
7. Chandan S	I Year BCA B	
8. Shashank R	I Year BCA B	
9. Gourav Vaishnav	1 Year BCA B	
10. Bhanu Prakash	I Year BCA B	
11. Vikas M	1 Year BCA B	
12. Dhanush P	I Year BCA B	

Sl.no	Name of the students	Class/Section
1.	Pavan Kumar M	I Year BBA GEN
2.	Krishna S	I Year BBA GEN
3.	Charan V	I Year BBA GEN
4.	Venugopal	I Year BBA GEN
5.	Chandan G	I Year BBA GEN
6.	Ashish Reddy	I Year BBA GEN
7.	Akash Gowda	I Year BBA GEN
8.	Charan M	I Year BBA GEN
9.	Hemanth	I Year BBA GEN
10.	Vikas	I Year BBA GEN
11.	Jayanth	I Year BBA GEN

Sl.no	Name of the students	Class/Section
1.	Guru R	I Year BCOM BDA
2.	Jeevan D	I Year BCOM BDA
3.	Nithin Daniel	I Year BCOM BDA
4.	Vishruth	I Year BCOM BDA
5.	Abhishek	I Year BCOM BDA
6.	Kousik T D	I Year BCOM BDA
7.	Suprith B A	I Year BCOM BDA
	Chethan	I Year BCOM BDA
	Sagar	I Year BCOM BDA
	Darshan	I Year BCOM BDA
	Naveen	I Year BCOM BDA

Name of the students Swarth Shee	Class/Section
Swarth Shenoy K R	the second se
Pranav C	B.Com C
Dhanush	B.Com C
Librat	B.Com C
Likith	B.Com C
Kemparaja	B.Com C
Krishna	B.Com C
Sahil	and the set of the set
	B.Com C
Darshan	B.Com C
Anand	B.Com C

Inter-class **Throw ball competition** for the year 2023-24 regarding National Sports Day Student enrolmentl list

Women Section Throw ball

Sl.no	Name of the students	Class/Section
1.	Akshatha B V	II Year BCOM A
2.	Rakshitha B	II Year BCOM A
3.	Anupriya G	II Year BCOM A
4.	Disha A	II Year BCOM A
	Bhakti H Patel	II Year BCOM A
6.		II Year BCOM A
	Tejashwini D C	II Year BCOM A

Sl.no	Name of the students	Class/Section	
1.	Nandini M	I Year BCA B	
2. Kamsala Mubasheera		1 Year BCA B	
3.	Jhanavi	I Year BCA B	
4. Harshitha		I Year BCA B	
		I Year BCA B	
б.		I Year BCA B	
7.	1 2 2	I Year BCA B	

SI.no	Name of the students	Class/Section	
1. Srigiri Lakshmi Bhargavi		I Year BCOM BDA	
	Sanjana S	I Year BCOM BDA	
3. Poovitha N S		I Year BCOM BDA	
	Usha	I Year BCOM BDA	
	Bhoomika	I Year BCOM BDA	
	Meghana	I Year BCOM BDA	

Sl.no	Name of the students	Class/Section I Year BCOM LSCM	
1.	Manisha S		
2.	Rakshitha P	I Year BCOM LSCM	
3.	Gagana	I Year BCOM LSCM	
4.	Lavanya D	I Year BCOM LSCM	
	Amrutha	I Year BCOM LSCM	
5.		I Vear BCOM LSCM	
6.	M Pavithra	t Vear BCOM LSCM	
7.	Nandith	I Vear BCOM LSCM	
8.	Shalini V	I Year BCOM LSCM	
9.	Kavya	I Year BCOM LSCM	
10.	Prekshitha	I Year BCOM LSCM	
11.	Nithya	I Teal Beoth Do	

		Class/Section
Sl.no	Name of the students	I Year BBA GEN
1.	Suchitha	I Year BBA GEN
2.	Darani	I Year BBA GEN
3.	Kusuma S	I Year BBA GEN
4.	Pankaja	I Year BBA GEN
5.	Meghana C G	I Year BBA GEN
6.	Shubhashree G M	I Year BBA GEN
7.	Soniya	I Year BBA GEN
8.	Meghana	111000

Physical Education Director Dr. N.S.A.M. First Grade College Kishnorojapura Vilage, Bengaluru-560 089

Dr. N.S.A. ke. First Global College Sy. No. 21, Krishnorotopuro Villoge, Shivokote (P) Hesoroghatta Hobi, Bengaluru-560 089 Dr. N.S.A.M First Grade College

Krishnarajapura Village, Bangalore-89 E mail: naamfgeyek@gmail.com Website: www.naam.ac.in

2023-24

Department of Physical Education & Sports Report of the Event

19/10/2023

Name of the Event	Inter-Classroom Chess competition for Men & Women
Date 12/10/2023	
Day	Wednesday
	Mr. Vinoda B.S (Head of The Sports Department)
Members in Jury	Mr. Thirumalesh C (PED)
	Ms. Muthamma M. V (PED)
Total No. Of Participants	44
Target Class/ Course	III B. Com A, B, III BBA, III BA II B.COM A,B,C, II BBA (GN), II BBA (AM), II BA,II L&SCM, II BCA, II BDA I B.COM A,B,C, I BBA (GN), I BBA (AM), I BA,I L&SCM, I BCA A,B, I BDA
Men Chess Competition Winner Mr. Likith K.N II Year Beom BDA Runner Mr. Chandhan I Year BBA (Gen)	
Women Chess Competition Winner Runner	Ms. Payal Rathod II year Bcom A Ms. Apoorva II Bcom B
Highlights of the Event	 The competition among the students was great. Students had the chance to improve their abilities and gain confidence in them through this event.
Suggestions for Improvement (If any)	Since there were time constraints after the initial internal competition ended, the events were conducted in a knockout format. Moving forward, league format matches should be used to increase participant experience and match count.



PRINCIPAL No. 21, Krathardinge Village

PRINCIPAL Dr. N.S.A.M. First Grade College SV. No. 21, Krishnarctapura Villagu, Shivakate (7) Hesoraghalta Hobi. Bangalare-560 089 Inter-Classroom Chess competition for Men & Women (AY- 2023-24)









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Physical Education Director. Dr. N.S.A.M. First Grade College Sy. No. 21, Krishnarajapura Village. Shivakate (1) Hesaraghatta Hobil, Bangatote-660 069

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PRINCIPAL Dr. N.S. A.M. Fint Grade College Sy. No. 21, Krishnanajapura Villoga, Shivakote (PJ Hesoraghatta Hobii, Bangalare-550 089

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Dr. N.S.A.M First Grade College

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Department of Physical Education & Sports

Date: - 11/10/2023

Inter-class chess competition for the year 2023-24 Student enrolment Use

SLno	Name of the students	Class/Section
1.	Bhadri	I year B.Com L&SCM
2.	Bharth	I year B.Com L&SCM
3.	Shashi	I year B.Com L&SCM
4.	Tejas	1 year B.Com L&SCM
5.	Mahesh N	I year BCA B
6,	Chandhan	I year BCA B
7. Chandhan I year BCA A		I year BCA A
8.	Tejas M	1 year BCA A
9.	Dilip M	I year BCA A
	Navanith	I year BCA A
11.		I year BBA (AV)
12.	and the state of	I year BBA (AV)
13.		I year BBA (AV)
14.	Gowtham Varma	I year BBA (AV)
and the second s	Gobindas K	I year BBA (AV)
16.		I year BBA (Gen)
17.	Chandan	I year BBA (Gen)
18,	Martin	I year BBA (Gen)
19.	Venu Gopal	I year BBA (Gen)
20.	Chandu Gowda	I year B.Com 'A'
21.	Nikil	I year B.Com (BDA)
22.	Srujan	I year B.Com (BDA)
23.	Kalyan	I year B.Com (BDA)
24.	Afreed	I year B.Com (BDA)
25.	Likith K N	Il Year B.Com (BDA)
26.	Sunil Kumar	Il year BBA (Gen)
27.	Gowtham	II year BA
28.	Varun	II year B.Com 'A'
29.	Palanivel Kumar	II year B.Com 'A'
30.	Chandhan	II year B.Com 'A'
31.	Nikil	II BBA (AV)
32.		II BBA (AV)
33.	and the Constant of Particular Statement and an and the second statement of th	Il year B.Com L&SCM
34.	The second se	Il year B.Com L&SCM
and the second se	35. J jonodha II year B.Com I	
36.		II year B.Com L&SCM
37.		II B.Com 'B'
38.	and an other to provide solver to the second s	II B.Com 'B'
39.	Contraction of the second s	II B.Com 'B'
40.	and the second se	II B.Com 'A'

Physical Education Director Dr. N.S.A.M. First Grade College Sy. No. 21, Krishnarajapura Village, Shivakate (P) Hesaraghaita Habil, Bangalare-560 089

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Dr. N.S. A.M. Explored College Sy. No. 21 Westerologuna Visage, Stavard H. Hescinghotta Hobil, Bangalore-560 089

41.	Muskan Mahato	I year BCA B
42.	Varshitha K	I YearB.Com (BDA)
43.	Payal Rathod	II Year B.Com 'A'
44.	Madhumitha B	III Year BBA

Physical Education Director Dr. N.S.A.M. First Grade Colleg: Syr. No. 21, Krishnorajapura Village, Shivakote (P) Hesaraghatta Habil, Bangalote-560 089

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Date:-06/05/2024

Name of the Event	Volleyball Inter-clase
Date	29/04/2024
Day	Monday
	Vinoda B S (HOD)
Members in Jury	Thirumalesh C (PED)
	Muthamma M. V (PED)
Total No. Of Participants	72
Target Class/ Course	III B. Com A, B, III BBA, III BA D B.COM A,B,C, II BBA (GN), II BBA (AM), II BA,II L&SCM, I BCA, II BDA I B.COM A,B,C, I BBA (GN), I BBA (AM), I BA,I L&SCM, I BCA A,B, I BDA
Volleyball Result	
Winner Runner	DJ Year B.Com A I Year B.Com A
Highlights of the Event	 The competition among the students was clear, a vibran atmosphere filled with passion and determination. The event gave opportunity to various classes to engage in competitive matches Athletic abilities, team work, intense game play played a great role in the sportsmanship of the college.

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Dr. N.S.A.M. First Grade College Isishnarciapura Vilage, Kongaluru 500 089

Dr. N.S.A.M. First Grode College Sy. No. 21, Kristnarojapura Village, Shivakote (P) Hesaroghalia Habil, Bengaluru-560 089







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Physical Education Director Dr. N.S.A.M. Fint Grade College Kilitharajapura Wioge, Bengaluru 560 089

PRINCIPAOS Dr. N.S.A.M. First Grade College Sv. No. 21, Krishnarajapura Village, Shivakate (P) Hesaraghatta Hobil, Bengaturu-560 089 NITTE PIRST GRADE COLLEGT

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Date: - 26/04/2024

Men Inter-class, Volleyball competition for the year 2023-24 Student enrolment list

Sl.no	Name of the students	
1.	Darshan V	
2.	Akash H V	
З.	Harshith	
4.	Naveen	
5.	Bharath	
6.	Akashith	
7.	Manoj Gowda K	
8.	Hemanth V H	
9.	Nayan	
10.	Dhanus	
11.	Jayanth	

III B.Com A

I B.Com A

Sl.no	Name of the students	
1. +:	Karthik C	
2.	Shreyas	
3.	Kumar	
4	Nikhil	
5.	Sujan	
6.	Mithun	
7.	Vivek	
8.	Pavan	

2024

Physical Education Director Dr. N.S.A.M. Rist Grade College Kahnarajapura Wage, Bengchru-560 089

PRINCIPACION Dr. N.S.A.M. First Grade College Sy. No. 21, Kristnarajapura Villoge, Stilvakote (P) Hesaraghatto Habil, Bengaturu-550 059

II BBA (AV)

Sl.no	Name of the students
1.	Girish S
2.	Thirolachan
3.	Sharan
4.	Vijay Kumar
5,	Naveen
б.	Jaishnav
7.	Naveen
8.	Sandeep

III Year BBA

Sl.no	Name of the students
1.	Akasha V
2.	Charan K
3.	Omkar
4	Likith
5.	Shashi
6.	Tejas Yadav
7.	Arjun
8.	Vaibhav
9.	coushik

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III BCOM B

Sl.no	Name of the students
1.	Yogesh
2.	Lokesh
3.	Dhanush
4.	Shrinivas
5.	Prasanth
6.	Yashwanth
7.	Akilash yadhav
8.	Nayan
9.	Rockey gowda

I BCA A

Sl.no	Name of the stu	dents	
1	Yashwanth T A		
2	Suprith		1.10
3	Akashay	023	
4.	Raviteja		
5.	Charan		
6.	Pavan	11	
7	Yogesh		
8.	Saicharan		
9.	Chandan		

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I B.Com C

Sl.no	Name of the students
1.	Dhanush Reddy M
2.	Ranjan
3.	Samarth
4.	Jaswanth -
5.	Likith N -
б.	Vikas
7.	Mani
8.	Gagan
9.	Harish

I BCA B

SI.no	Name of the students
1.	Gourav
2.	Akshay
3.	Ganesh .
4.	Mahesh
5.	Vikas
6.	Chandan Gowda
7.	Gokul
8.	Harsha
9.	Tejas

Physical Education Director Dr. N. 5.A.M. Fint Grade Callege Klishnasajapura Vilage, Bengaluu 560 089

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PRINCIPAL Dr.N.S.A.M. Fast Grade College Sy No. 21, Krishnerejapura Village, Si Jeakete (*) Historoghatta Hobil, Bangaluru-540 689 NITTE PINS ANADE COLLEGE

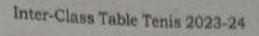
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Date: 02/05/2024

Name of the Event	Table Tennis Inter-class
Date	19/04/2024
Day	Friday
	Vinoda B S (HOD)
Members In Jury	Thirumalesh C (PED)
	Muthamma M. V (PED)
Total No. Of Participants	24
Target Class/ Course	III B. Com A, B, III BBA, III BA II B.COM A,B,C, II BBA (GN), II BBA (AM), II BA,II L&SCM, II BCA, II BDA I B.COM A,B,C, I BBA (GN), I BBA (AM), I BA,I L&SCM, I BCA A,B, I BDA
Table Tennis Men Winner Runner	Pranav C I Year B.Com C Shamarth Shenoy I Year B.Com C
Fable Tennis Women Winner Runner	Likitha Patnaik III Year BBA Keerthana II year Bcom A
Highlights of the Event	 The competition among the students was great. Strategic thinking Lightning-fast rallies, power full smashes and incredible defensive saves gain confidence in them through this event.

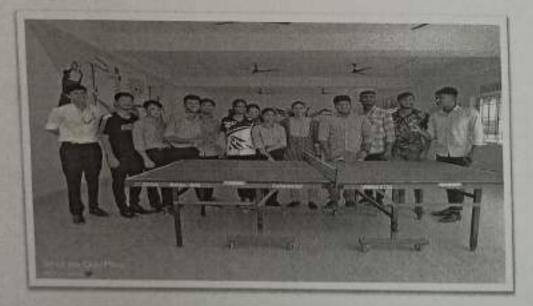
Physical Education Director Dr. N.S.A.M. First Grade College Konnorojapura Vilage, Bengaluru-Sód 089

Dr. N.S.A.M. Fibi Grade College Sy. No. 21, Krishnarajapuro Village, Shivakate (P) Hesaraghatka Hobi, Bengaluru-560 089









Physical Education Director Dr. N.S.A.M. Fint Gende Dalege Intervisioppus Vilage, Bengalutu-Seo CIP

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Date: - 19/04/2024

Inter-class Table Tennis competition for the year 2023-24 Student enrolmenti list

Men Section Table Tennis

Sl.no	Name of the students	Class/Section
1.	Thrilochan	II Year BBA
2.	Nikhil	II Year BBA
3.	Shoiab	II Year BBA
4.	Darshan V	III Year B.Com
5.	Manoj Gowda K	III Year B.Com
6.	Akash H V	III Year B.Com
the second se	Gowtham	II Year BA
8.	Ajay bhat	III Year BBA
9.	Samarth Shenoy	I Year B.Com
10.	Mohammed Shoiab	III Year BBA
	Gagan V	I Year B.Com C
12.	Likith B N	I Year B.Com C
13.	Tharun H	I Year B.Com C
14.	Aashis	I Year BBA (AV)
the second s	Pranav	1 Year B.Com C
16.	Tejas Sagar	I Year BCA B
17.	Chandan G	I Year BBA
18.	Anil Sharma	II Year BBA

Women Section Table Tennis

Sl.no Name of the students	Class/Section
1. Likitha Patnaik	III Year BBA
2. Madhumitha	III Year BBA
3. Meghana	II Year B A
4. Kruthika B	I Year B.Com C
5. Mahalakshmi	Il Year B.Com B
6. Keerthana S	II Year BBA

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Physical Education Director Dr. N.S.A.M. First Grade College Kestnardjapura Vilage, Bengaluru 560.089

PRINCIPAL Dr. N.S.A.M. First Grade College Sv. No. 21, Kristnara/apura Village, Shivakolo (P] Hesaraghalta Hobil, Bengaluru-560 089 NITTE PIRST GRADE COLLEGE

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Department of Physical Education & Sports

Date: 02/05/2024

Name of the Event	Carrom Singles Both Men and Women Section
Date	22/04/2024
Day	Monday
Members in Jury	Vinoda B S (HOD)
	Thirumalesh C (PED)
	Muthamma M. V (PED)
Total No. Of Participants	34
Target Class/ Course	III B. Com A, B, III BBA, III BA II B.COM A,B,C, II BBA (GN), II BBA (AM), II BA,II L&SCM, II BCA, II BDA I B.COM A,B,C, I BBA (GN), I BBA (AM), I BA,I L&SCM, I BCA A,B, I BDA
Carrom Single Men Winner Runner	Dhanush Reddy I Year B.Com C Sunil C II Year B.Com B
Carrom Single Women Winner Runner	Mahalakshmi II Year B.Com B Sneha III year Bcom A
Highlights of the Event	 The competition among the students was great. Aiming the pons and striking skills of students was amazing, and this game built more mental ability amon students

Physical Education Director Dr. N.S.A.M. Fint Grade College

PETNETPAL Dr. N.S.A.M. Firm Grades Cologe SV. No. 21, IOIshnainiapuro Vilicge, Shivakote (P) Hesoragnotia Hobi, Bengauru-550 069 Carrom Singles Men and Women pics



PRINCIPAL Dr. N.S.A.M. Hall Brude College Sr. No. 21, Kristinerrejepulo Viloge, Shivekote (F) Hesorapherte Hobi, Bengatur-360 089 NITTE PAST GRADE COLLEGE

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Department of Physical Education & Sports

Date: - 18/04/2024

Inter-class carrom competition for the year 2023-24 Student enrolmentl list

Men Section Carrom Sigles

Sl.no	Name of the students	Class/Section
1.	Likith B N	I year B.Com C
2.	Dhanush Reddy	1 year B.Com C
3.	Samarth K R	I year B.Com C
4.	Jhaswanth	I year B.Com C
5.	Vishruth	I year BDA
6.	Nithin	I year BDA
7.	Rishi	I year BDA
8.	Naveen Kumar M	I year BDA
	Mahindra	III Year B.Com A
10.	K Karthik	I Year B.Com A
11.	Tejas S Roa	III Year BA
12.	Anush sharma L	III Year B.Com A
13.	Dhanush D S	III Year B.Com A
14.	Darshan S	III Year B.Com A
15.	Dhanush A	III Year B.Com A
16.	Lokesh	III Year B.Com B
17.	Vivek	I Year B.Com A
18.	Kishan	I Year B.Com A
19.	Yashwanth A	I Year B.Com A
20.	Sunil C	II Year B.Com B
21.	Aashis	1 Year BBA (AV)
22.	Gobin Das	I Year BBA (AV)
23.	Lokesh	III Year B.Com B
24.	Harsha M	I Year B.Com C

Physical Education Director Dr.N.S.A.M. Fint Grade Cotoge Kintmorojapura Vilage, Sengaturu 560 059

Principal Dr. N.S.A.M. Fin Grade College Sy. No. 21, Initi nointenno Village, Shivakote (P) Nesstaghatta Habil, Dengosiru-560 089



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Date: - 18/04/2024

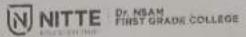
Inter-class carrom competition for the year 2023-24 Student enrolmentl list

Women Section Carrom Sigles

Sl.no	Name of the students	Class/Section
1.	Bhavani A	I Year BDA
2.	Chandana J M	I Year BDA
3.	Shruthi Chintala	I Year BDA
4.	Chandana H D	I Year BDA
5.	Shamitha S Shetty	I Year BDA
6.	Mahalakshmi	II Year B.Com B
7.	Apoorva M Hegde	II Year B.Com B
8.	Nikitha Bhanu	III Year B.Com A
9.	Kusuma	III Year B.Com A
10.	Sneha .	III Year B.Com A

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Dr. N.S.A.M. First Erado College Sy. No. 21, Krishnarajapura Village, Shivakote (P) Hesaraghatta Hobil, Bengaluru-560 089



Krishnarajapura village, Shivakote post, Bangalore-89 (NAAC Accredited)

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Date:-31/05/2024

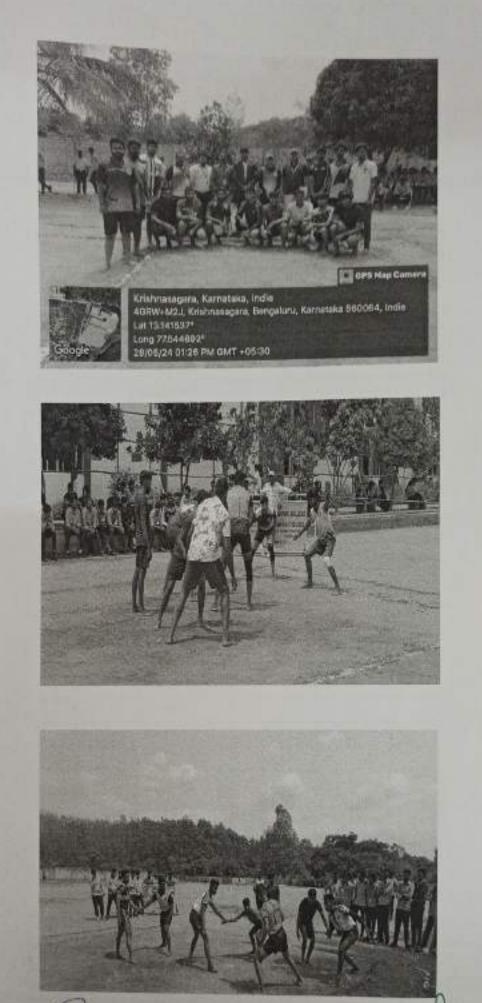
Name of the Event	Kabaddi Inter - class
Date	28/05/2024
Day	Tuesday
	Vinoda B S (HOD)
Members In Jury	Thirumalesh C (PED)
	Muthamma M. V (PED)
Total No. Of Participants	69
Target Class/ Course	III B. Com A, B. III BBA, III BA II B.COM A,B,C, II BBA (GN), II BBA (AM), II BA,II L&SCM, II BCA, II BDA I B.COM A,B,C, I BBA (GN), I BBA (AM), I BA,I L&SCM, I BCA A,B, I BDA
Kabaddi Result	
Winner	I Year B.Com L&SCM A
Runner	III Year B.Com A
Highlights of the Event	 The matches was full of energy, with the players demonstrating great effort and team work. The matches ended with a narrow victory for the raiders point, leaving everyone on the edge of their seats until the final whistle.

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Physical Education Director Dr. N.S.A.M. First Grade College Kinhnarajapura Wage, Bengaluru-550 089

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Dt. N.S.A.M. First Grade College Sy. No. 21, Kristnarajapura Village, Shivakate (P) Hesoraghatia Hobili Bengaturu-560 089



Privileal Education Director Dr. N.S.A.M. Fisi Grade College Kehnarajapuia Vilage, Bengaturu-S60 089

PRINCIPAL I I III Dr. N.S.A.M. Finit Große College Sy. No. 21, Kristnarajapura Vilage, Shivakole (1) Hesaraghatto Hobil, Bongaluru-550 089

Affiliated to Bengahuru City University No.21, Krishnarajapura Village, Bangalore-89

Dr. N.S.A.M.

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Department of Physical Education & Sports

Date: -27/05/2024

Inter-class Kabaddi competition for the year 2023-24 Student enrolment list

Sl.no	Name of the students	
1.	Akash H V	
2.	Darshan V	
3.	Manoj Gowda K	
4.	Naveen	
5.	Bharath	
6.	Akashith	
7.	Harshith	_
8.	Hemanth V H	
9.	Nayan	
10.	Dhanus	
11.	Dhanush N	

III Year B.Com A

I Year L&SCM

Sl.no	Name of the students	
1.	Yashwanth M	
2.	Amar Gowda	
3.	Arjun Gowda	
4.	Mani	
5.	Bhuvan	
6.	Preetham	
7.	Vamshi	
8.	Shashi	
9.	Kushal	
10.	Bharath	

Physical Education Director Dr. N.S.A.M. First Grade Callege Kishnarajapula Vilage, Bengaluu-560 (289

Dr. N.S.A.M. First Grade College 57. No. 21. Krishnarajapura Village. Shivakate (P) Hesaloghatta Hobil, Bengaluru-560 089

II Year BBA (AM)

Sl.no	Name of the students	
1.	Girish S	
2.	Nikhil	
3.	Shoib	
4.	Thrilochan	
5,	Naveen	
6.	Vijay	

I Year BCA (A)

Sl.no	Name of the students	
1.	Saicharan	_
2.	Yashwanth T A	_
3.	Yogeh H V	_
4.	Vinoda Reddy	-
5.	Akashay K	
6.	Darshan G	
7.	Hairsh R N	
8.	Chandan A	
9.	Nihal S	_
10.	Pavan kumar H	
11.	Sanjay H	
12.	Manoj Mayur MS	

III Year B.Com A

Sl.no	Name of the students	
1.	Lokesh	
2.	Nishanth Venky	
3.	Abhishek	
4.	Jayanth	
5.	Akhilesh	
6.	Sumanth	
7.	Shrinivas	

Physical Education Director Dr. N.S.A.M. Flat Grade College Kalingrajapuro Vilage, Bongalus-Sed 03P

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I Year BCA (B)

Sl.no	Name of the students
1.	Tharun B R
2,	Gokul
3.	Mahesh
4.	Nirmith
5.	Gnanesh
6.	Harshith S
7,	Vikas S
8.	Steavan
9.	Shashank
10,	Dhanush P

I Year B.Com (C)

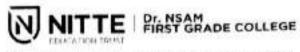
Sl.no	Name of the students	
1.	Dhanush Reddy	
2.	Ranjan	
3.	Samarth	
4.	Jashwanth	
5.	Likith N	
б.	Vikas	

I Year BBA (G)

Sl.no	Name of the students	
1.	Amaresh	
2.	Sunil	
З,	Siddik	
4.	Irfan	
5.	Harasha	
б.	Harish	
7.	Rahul	

Physical Education Director Dr. N.S.A.M. First Grade College Kristinalajapura Vilage, Bengaluu 560 089

Dr. N.S.A.M. First Grade College Sy. No. 21, Kilshnarojapura Village, Shivakole (P) Hesaraghatta Habil, Bengaluru-560 089



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Department of	Physical	Education

Date: 15-07-2024

Annual Sports Meet	
05/07/2024	
Friday	
Thirumalesh C (PED)	
Muthamma M. V (PED)	
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All the classes	
Course The very objective of inviting the International athlete as a Chie is not only to encourage students to participate in various spon also to make them appreciate and understand that everything possible to achieve in life provided you do it with total committed dedication and discipline. Highlights of the The chief guest opened the sports meet, which was then follow the sports secretary's oath-taking ceremony and a torch-bearin ceremony by the college's athletes to signify that "the spirit of generate the values of Unity, Peace, and Friendship among students. Several events were conducted for both students and staff men The overwhelming participation of students took the number to The more popular events of the sports meet were 100 meters a 4x100 meter relay among the students while among the staff members Shot Put and 100-meter run had more participation. At the end the annual sports meet got concluded with the sport spirit and huge enthusiasm from all the students and staff memory spirit and huge enthusiasm from all the students and staff memory spirit and huge enthusiasm from all the students and staff memory spirit and huge enthusiasm from all the students and staff memory spirit and huge enthusiasm from all the students and staff memory spirit and huge enthusiasm from all the students and staff memory spirit and huge enthusiasm from all the students and staff memory spirit and huge enthusiasm from all the students and staff memory spirit and huge enthusiasm from all the students and staff memory spirit and huge enthusiasm from all the students and staff memory spirit and huge enthusiasm from all the students and staff memory spirit and huge enthusiasm from all the students and staff memory spirit and huge enthusiasm from all the students and staff memory spirit and huge enthusiasm from all the students and staff memory spirit and huge enthusiasm from all the students and sta	
It was suggested by students that few fun oriented rural games can	
be added during the sports meet. Suggestion of two days to annual sports was given by students	



Physical Education Director Dr N.S.A.M. First Grade College Icrajopula Vilage, Bengolus-660.089



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Krishnarajapura village, Shivakote post, Bangalore-89 (NAAC Accredited)

Participants' & Staff list of Athletic Events for Annual Sports Meet 2023-24

100 Mtr (Boys)

Sl. No.	Names	Class
1.	Navesh	1 st Year BCA
2.	Karthik C	1st Year B.Com
3.	Pranav	1st Year BCA
4.	Girish S	2 nd Year BBA Aviation
5.	Umar L	2 nd Year BCOM
6.	Vignesh	2 nd Year BCA
7.	Tejas	2 nd Year BCA
8.	Vijay Kumar	2 nd Year BBA
9.	Akash B R	2nd Year BCOM BDA
10.	Rakshith	2nd Year BCOM 'B'
11.	Gowtham	2nd Year BA
12.	Karan V	2nd Year BCOM L&SCM
13.	Mithun	2nd Year BCOM L&SCM
14.	Rakshith P	2nd Year BCOM 'B'
15.	Sunil C	3rd Year BCOM 'B'
16.	Darshan V	3rd Year BCOM 'A'
17.	Akash H V	3rd Year BCOM 'A'
18.	Akash V	3rd* Year BBA
19.	Rohith G	3rd Year BCOM 'A'

Physical Education Director Dr. N.S.A.M. First Grade College Kitzharajapura Vilage, Bengaluru 560 089

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PRINCIPAL Dr. N.S.A.M. First Grade College Sy. No. 21, Kristhnarajapura Village, Shivakote (P) Hesaraghatia Habil, Bengaluru-550 089

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100 Mtr (Girls)

Sl. No.	Names	Class
1.	Mythri B K	2nd Year BCOM 'A'
2.	Yashaswini Patil	2 nd Year BCOM BDA
3.	Supritha S	2 nd Year BCA
4.	Rakshita	2 nd Year BA
5.	Hema Prabha S	2 nd Year BBA Avia.
6.	Likitha N	3rd Year BCOM 'A'
7.	Jenifer A	2 nd Year BCA

200 Mtr (Boys)

Sl. No.	Names	Class
1.	Vijay Kumar M V	2 nd Year BBA Aviation
2.	Karan V	2nd year L&SCM
3.	Rakshith	2nd Year BCOM 'B'
4.	Kushal Gowda	1nd Year BCOM L&SCM
5.	Chethan N S	1st Year BCOM L&SCM
6.	Sunil	1st Year BBA
7.	Rakshith	1st Year BCOM 'B'
8.	Umar L	2nd Year BCOM 'A'
9.	Gourav V	1st Year BCA
10.	Akash H V	3rd Year BCOM 'A'
11.	Akash V	3rd Year BBA

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200 Mtr (Girls)

S1. No.	Names	Class
1	Rakshitha V purohit	2 nd Year B.Com
2	Mythri B K	2nd Year BCOM 'A'
3	Jenifer	2nd Year BCA
4	Nisha D	2 nd Year B.Com
5	Navya Deepthi	2 nd Year BBA
6	Sindhu G	1 st ,Year L&SCM

400 Mtr (Boys)

Sl. No.	Names	Class
1	Sunil Kumar B R	2 nd year BBA
2	Gouvra	1st Year BCA
3	Sujay	1st Year BCA
4	Girish S	2 nd year BBA
5	Chethan N S	2nd Year BCOM L&SCM
6	Jonathan	2 nd Year BCOM L&SCM

400 Mtr (Girls)

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Sl. No.	Names	Class
1	Nisha A	2nd Year BCOM 'A'
2	Jenifer	2 nd Year BCA
3	Raksita R H	2nd Year BA
4	Mythri B K	2nd Year BCOM 'A'
5	Rakshitha V	2nd Year BCOM 'A'

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Dr. N.S.A.M. First Grade College Sv. No. 21. Krishnerojepuro Villeroz. Snivakole (P) Hesorogipatro Hook, Bengoluro 560 089 ٠

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800 Mtr (Boys)

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S1.

51. No.	Names	Class
1	Chandhan A	1st year BCA
2	Shreyas C	1 st year B.Com A
3	Umar L	2nd year B.Com A
4	Yoganandan G	2nd Year BCOM BDA
5	Chikethan	2 nd Year BCOM 'C'
6	Vikas M	1st Year BCA B
7	Lokesh M V	3 rd Year B.Com

800 Mtr (Girls)

Sl. No.	Names	Class
1	Rakshita	2 nd Year BA
2	Amulya N	2nd Year BCOM 'A'
3	Nisha D	2nd Year BCOM 'A'
4	Bhakthi patil	1st year B.Com A

1500 Mtr (Boys)

No.	Names	Class
1.	B Sujay	1st Year BCA
2.	Chikethan	2nd Year BCOM 'C'
3.	Prasad Kumar Patra	2nd Year BCOM L&SCM
4.	Vikas M	1 st year BCA
5.	Thrilochan	2 nd Year BBA Avia.
6.	Vijay Kumar M V	2nd Year BBA Avia.
7.	Manoj Kumar M	1st Year BCOM L&SCM
8.	Sunil Kumar B R	2 nd Year BBA
9.	Shreyas C	1* Year B.Com A

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Di: N.S.A.M. First Grade College Sy. No. 21, Krishnarajapiro Village, Shivakote (P) Hesaraghaita Hooli, Bengalaru-560 089

1500 Mtr (Girls)

S1. No.	Names	Class
1	Akshitha N	2 nd Year B,Com
2	Vandana K	2nd Year BCOM 'A'
3	Ananya Biju	2 nd Year BCA
4	Sowmya S P	2 nd Year BCA
5	Sanjana	1nd Year B.Com BDA
6	Keerthana H S	2nd year B.Com B

Shotput (Boys)

S1. No.	Names	Class
1.	Manoj Kumar	2 nd Year BBA Aviation
2.	Naveen	1 st Year BBA Aviation
3.	Chandhan R	1st Year BBA
4.	Hemanth H V	3rd Year B.Com
5.	Vikas G S	1 st year B.Com
6.	Yashwant Reddy	1 st year BCA
7.	Yoganandan G	2nd Year B.Com BDA
8.	Sujan	1 year B.Com
9.	Nanda Kumar	1st Year BCOM L&SCM
10.	Vinay Kumar P	2nd Year BCOM L&SCM
11.	Nirupam	1st Year BCOM 'B'
12.	Vijay Kumar M	2 nd Year BBA Avia.
13.	Akash H V	3rd Year BCOM 'A'
14.	Shashi Kumar H R	3 rd Year BA
15.	Jayanth Gowda	3rd Year BCOM 'A'
16.	Naveen K	3rd Year BCOM 'A'
17.	Tejas Yadav	3rd Year BEA
18.	Darshan	3rd Year BCOM

Physical Education Director Dr. N.S.A.M. First Grade College Itishnarcjapura Vilage, Bengaluru-560 059 Dr. N.S.A.M. First Grade College Sy. No. 21, Krishnarajapura Village, Shivakote (P) Hesaraghatta Habii, Bengaluru-560 089

Shotput (Girls)

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		(carried)
Sl. No.	Names	Class
1	Deepika	2 nd Year BA
2	Amulya N	2nd Year BCOM 'A'
3	Varshitha R	2nd Year BCOM 'A'
4	Priya	2 nd Year BCA
5	Mahalakshmi M	2nd Year BCOM 'B'
6	Prajaktha C	2 nd Year BCA
7	Likitha Patnaik	3rd year BBA
8	Ragini Kumri	1st year B.Com
9	Keerthana	2 nd year B.Com
10	Varshini R	3rd Year B.Com

Discuss Throw (Boys)

Sl. No.	Names	Class
1.	Dhanush	3rd Year B.Com
2.	Naveen	3 rd Year BBA
З.	Hemanth	1st Year BBA
4.	Hemanth H V	3rd Year B.Com
5.	Vikas G S	1 st year B.Com
б.	Yashwant Reddy	1 st year BCA
7.	Yoganəndan G	2 nd Year B.Com BDA
8.	Sujan	1 year B.Com
9.	Nanda Kumar	2nd Year BCOM L&SCM
10.	Vinay Kumar P	2nd Year ECOM L&SCM
11.	Vijay Kumar M	2 rd Year BBA Avia.
12.	Akash H V	3rd Year BCOM 'A'
13.	Shashi Kumar H R	3rd Year BA
14.	Jayanth Gowda	3rd Year BCOM 'A'

Physical Education Director Dr. N.S.A.M. First Grade College Itishnarajapura Vilage, Bengaluru-560 089 ALLULAS

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Dr. N.S. AM. First Grade College S- No. 21, Krishnarojapura Village, Bengaluru-560 039

Discuss Throw (Girls)

Sl. No.	Names	Class
1.	Deepika	2 nd Year BA
2.	Meghana	2 nd Year BDA
3.	Priya	2 nd Year BCA
4.	Mahalakshmi M	2nd Year BCOM 'B'
5.	Prajaktha C	2 nd Year BCA
6.	Likitha Patnaik	3rd year BBA
7.	Tejaswani	1st year B.Com
8.	Keerthana	2nd year B.Com
9.	Sneha	3rd Year B.Com

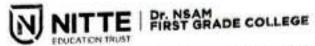
Physical Education Director Dr. N.S.A.M. First Grade College Krithnarajapura Vilage, Bengaluru-560.089

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Dr. N.S.A.M. First Grade College Sy. No. 21, Krishnarajabura Vildge, Shivakote (P) Hesaraghaffa Hobli, Bengaluru-560 089

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Date: 02/01/2024

BCU Inter Collegiate Yoga Selection Trails Report 2023-24.

Student participated in BCU Yoga Selection Trails organized by RJSFirst Grade College on 24th November 2023.

Participants Name list

S1.No	N ume of the Student	Course
1	PAVANI J	I Year B.Com
1.	TATALO	

Selection Trails Result:-

1. Pavani J of I Year B.Com got selected for Bengaluru City University

yoga Team and represented southzone

Physical Education Director Dr. N.S.A.M. First Grade College Instinarcjapura Vilage, Bengaluu-560 089

DLNSAM First Grade College Dr. N.S.A.M. First Grade College Sv. No. 21. Kilstnarajapura Village. Sv. No. 21. Kilstnarajapura Hebii, Sv. No. 21. Kilstnarajapura Sv. No. 21. Kilstnarajapura Sv. No. 21. Kilstnarajapura Bengaluru-560 059

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Date: 07/12/2024

BCU Inter Collegiate Men Khabaddi Selection Trails Report 2023-24.

Student participated in BCU Men Khabaddi Selection Trails organized by Govt Arts College on 06th November 2023.

Participants Name list

Sl.No	Name of the Student	Course
1.	AKASH HV	III Year B.Com
2.	MANOJ GOWDA K	ili Year B.Com
3.	SHIVASHARANAGOUDA	(I Year BBA(AM)
4. •	GOUTHAM MC	II Year BA
5,	THRILOCHAN	II Year BBA(AM)
6.	YASHWANTH M	1 Year B.Com L&SCM
7	ARJUN KUMAR S P	I Year B.Com L&SCM
8.	SHREYAS C	I Year B.Com
9, .	AMAR GOWDA P	1 Year B.Com L&SCM
10.	BHARATH KUMAR M	I Year B.Com
11.	VINOD REDDY	I Year BCA
12.	AKSHAY K	I Year BCA
13.	YOGESH HV	I Year BCA
14.	YASHWANTH REDDY T A	1 Year BCA
15.	SAICHARAN B A	I Year BCA
	JASHWANTH GOWDA J L	l Year B.Com
16.	JASHWANTH GOWDA J L	T Fear Dictoria

Selection Trails Result:-

1. Students actively participated in the Selection trails.

Physical Education Director Dr. N.S.A.M. First Grade College Kishnarajapura Vilage, Bengaluru-560 089

CIPAL

Dr. N.S.A.M. First Grade College Sy. No. 21, Kitshnarajapura Village, Shivakoto (P) Hesaraghalta Hobli, Bengaluru-550 089

NITTE | Dr. NSAM FIRST GRADE COLLEGE

Krishnarajapura village, Shivakote post, Bangalore-89 (NAAC Accredited) E mail: <u>nsamfgcb@nitte.edu.in</u> Website: <u>www.nsam.ac.in</u>

Date: 28/11/2023

BCU Inter Collegiate Lawn Tennis Selection Trails Report 2023-24.

Student participated in BCU Lawn Tennis Selection Trails organized by National College Basvanagudi, Bengaluru on 22nd November 2023.

Participants Name list

Sl.No	Name of the Student	Course
1.	R GOWTHAM REDDY	II Year B.Com
2.	R KARAN KUMAR RAWAL	III Year B.Com

Selection trails Result:-

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- 1. Total 8 various college Participated in the tournament
- R GOWTHAM REDDY of II Year B.Com L&SCM got selected to the Bengaluru City university Lawn Tennis Tournament
- R KARAN KUMAR RAWAL of I Year BBA got selected to the Bengaluru City university Lawn Tennis Tournament

Physical Education Director Dr. N.S.A.M. First Grade College Kishnalajapula Vilage, Bengalulu-560 (89)

Dr. N.S.A.M. First Grade College Sy. No. 21, Kristnarolapuro Vitage, Shivokote (P) Hesaroghatta Haali, Bengaturu-560 089 NITTE | Pr. NSAM

Krishnarajapura village, Shivakote post, Bangalore-89 (NAAC Accredited) E mail: <u>nsamfgcb@nitte.edu.in</u> Website: <u>www.nsam.ac.in</u>

Date: 30/11/2023

BCU Inter Collegiate Volleyball Selection Trails Report 2023-24.

Student participated in BCU Volleyball Selection Trails organized by BES College Jayanagar, Bengaluru on 27th November 2023.

Participants Name list

Sl.No	Name of the Student	Course
1.	DHARSHAN V	III Year B.Com
2.	AKASHA V	III Year BBA
3.	KARTHIK C	I Year B.Com
4.	AKSHAY S	I Year BCA

Selection trails Result:-

- 1. Total 220 students from various college Participated in the tournament
- Dharshan V of III Year B.Com got selected to the second day trails but in semifinal he could not selected
- 3. Students actively participated in the Tournament

Physical Education Director Dr. N.S.A.M. First Grade College Kishnarajapura Vilage, Bengaku-560 089

INCIPAL

Df. N.S.K.M. First Grade College Sy: No. 21, Kristnarajopura Village, Shivakole (P) Hesaraghatta Hobli, Bengaluru-560 089



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Date: 04/12/2023

BCU Inter Collegiate Men Karate Competition Report 2023-24.

Student participated in BCU Men Karate Competition organized by Seshadripuram First Grade College, Bengaluru on 27th November 2023.

Participants Name list

Sl.No	Name of the Student	Course
1.	KARAN V	II Year B.Com
2.	VAMSHI REDDY J K	I Year B.Com

Result:-

- 1. Total 15 College Participated in the tournament
- 2. Karan V of II year B.Com bagged bronze medal in 57 category
- VAMSHI REDDY J K of I Year B.Com bagged bronze medal in 62 Category

Physical Education Director Dr. N.S.A.M. First Grade College Krishnalajapura Vilago, Bengaluru-560 089

PRINCIPAL

Dr. N.S.A.M. First Grade College Sy. No. 21, Kristnarojapura Villoge, Shivakote (P) Hesaraghatia Nabil, Bangaluru-Sab 089

NITTE

Krishnarajapura village, Shivakote post, Bangalore-89 (NAAC Accredited) E mail: <u>nsamfgcb@nitte.edu.in</u> Website: <u>www.nsam.ac.in</u>

Date: 06/12/2023

BCU Inter Collegiate Football Selection Trails Report 2023-24.

Student participated in BCU Football Selection Trails organized by Vidyanagar Kannada School, Bengaluru on 1st & 2nd December 2023.

Participants Name list

Name of the Student .	Course
JONATHAN	II Year B.Com
HRITHIK J	II Year B.Com
GOBINDAS K	I Year BBA
H A PRAJWAL	I Year B.Com
PRANAV C	I Year B.Com
AASHISH MANOJ	I Year BBA (AV)
	JONATHAN HRITHIK J GOBINDAS K H A PRAJWAL PRANAV C

Selection trails Result:-

- 1. Total 180 Students from various college Participated in the tournament
- H A PRAJWAL of I Year B.Com got selected to the second day trails but in semifinal he could not selected
- 3. Students actively participated in the Tournament

Physical Education Director Dr. N.S.A.M. First Grade College Kishnarajapura Vilage, Bengaluru-560 089

Dr. .M. First Grade College Sy. No. 21 Krishnarajapura Village, Shivakote (P) Hesaroghatta Habit, Bengaluru-560 089

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TTE Dr. NSAM

Date: 05/12/2023

BCU Inter Collegiate Cricket Selection Trails Report 2023-24.

Student participated in BCU Cricket Selection Trails organized by National College Basavanagudi, Bengaluru on 28^{th and} 29th November 2023.

Participants Name list

Sl.No	Name of the Student	Course
1.	UMAR.L .	II Year B.Com
2.	RAVI KUMAR V	II Year B.Com
3.	GIRISH S	II Year BBA
4.	MAKANI RAJAN K	III Year B.Com
5.	LOKESH M.V	III Year B.Com

Selection trails Result:-

- 1. Total 650 students from various college Participated in the tournament
- Umar L of II Year B.Com got selected to the second day trails but in semifinal he could not selected
- 3. Students actively participated in the Tournament

Physical Education Director Dr. N.S.A.M. First Grade College Kishnarajapura Vilage, Bengaluru-560 089

DIN 2

Dr.N.S.A.M. First Grade College Sy. No. 21, Krishnarajapura Village, Shivakote (P) Hesaraghatta Hobii, Bengaluru-560 089

NITTE | Pr. NSAM

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Date: 30/12/2023

BCU Inter Collegiate Chess Tournament Report 2023-24.

Student participated in BCU Inter Collegiate Chess Tournament organized by MES College of Art, Commerce & Science, Malleshwaram Bengaluru on 21st and 22nd December 2023.

Participants Name list

Name of the Student	Course
LIKITH K N	II Year B.Com BDA
CHANDAN G	I Year BBA
THEJAS GOWDA	I Year B.Com L&SCM
ALOK SHET	I Year BBA
MAHESH N	I Year BCA
	LIKITH K N CHANDAN G THEJAS GOWDA ALOK SHET

Women Name list

Sl.No	Name of the Student	Course
1.	PAYAL RATHOR	II Year B.Com
2.	MUSKAN MAHATO	I Year BCA
3.	APOORVA HEGDE	II Year B.Com
4.	MADHUMITHA B	III Year BBA

Physical Education Director Dr. N.S.A.M. First Grade College Kishnarajapura Vilage, Bengaluru-560 039

RINCIPAL

Dr. N.S.A.M. First Grade College Sy. No. 21, Krishnarolapura Village, Shivakote (P) Hesoraghatta Habli, Bengaluru-560 089

DR NSAM FIRST GRADE COLLEGE Dr. N.S.A.M First Grade College Krishnarajapuna Village, Bangalore-89 E mail: nsamfgcyckigmail.com Website: www.nsam.ac.in

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2023-24

Department of Physical Education & Sports BCU Inter Collegiate Cross Country Race Report 2023-24

Report on: Bangalore City University Inter-Collegiate Cross Country Race Men & Women 2023-24.

Date of the event: 15th December, 2023

Dr. NSAM FIRST GRADE COLLEGE and Bengaluru City University are collaborating together to host an Inter collegiate men's and women's crosscountry race. The event was conducted on December 15th from 7.00 A.M to 9.00 A.M in the morning.

The competition was attended by more than 22 colleges across the Bengaluru, with the total of 150 participants. The race covered a distance of 10 K. The event was well organized by Dr. N.S.A.M First Grade College, the hospitality and facilities provided at the time of event was pleasurable. At the time of event college Principal, Advisor, Physical Education Director & Head, Department of Sports Mr. Vinoda B S, Ms. Muthamma M V, Physical Education Director and Mr. Thirumalesh C, Physical Education Director were presented.

The St. Francis College of Koramangala Men Champions and B.M.S Women College, Bengaluru Women Champions have emerged overall champions in men's and women's.

Bib.no	Name Of Athlete	College Name
157	VAIBHAV MARUTI PATEL	St.Francis College, Koramangala
161	ROHAN BEKAL	St.Francis College, Koramangala
158	SURYA K	St.Francis College, Koramangala
156	BHEEMA SHANKAR	Govt. Arts College
159	VISHAL T	St. Francis College, Koramangala
138	SHANGAMESH KURI	Al-Ameen College, Bengaluru
	157 161 158 156 159	157 VAIBHAV MARUTI PATEL 161 ROHAN BEKAL 158 SURYA K 156 BHEEMA SHANKAR 159 VISHAL T

Men's Individual Champions

trade College Sy No. 21, Kishnol niopuro Woge, Shivolacte (P) Hesaroghaita Hook. Bangaloie-560 089

Women's Individual champions

Position	Bib.no	Name Of Athlete	College Name
1	351	KAVITHA	Govt. R C College, Bengaluru
n	335	GOUTHAMI	K.L.E.S College, Bengaluru
m	301	MUSKHAN BANU	GFGC Yelahanka
TV	339	SRADHA S KANTH	B.M.S College, Basavanagudi
V	311	AISHWARYA L	Bishop Cotton, Bengaluru
VI	346	SHILPA S	Govt.Arts College Bengaluru

The main objective of this competition was to build sportsmanship and good relationship with the Institutions under the guidelines of the university.



Dr. N.5.-V.M. Find Groups Coveran Dr. N.5.-V.M. Find Groups Coveran By No. 21, Kommonerature (Machine By No.



FORMAT OF ENTRY FORM FOR INTER COLLEGIATE COMPETITIONS / SELECTION TRAILS FOR THE YEAR 2023 - 2024

Name of the College_____ Dr.N.S.A.M First Grade College, Kirishnarajapura Village, Bengaluru-89

SLNo	Student Registration No.	Name of the Student	Name of the Father & Mother	Year of 1" Admission to University	Date of Birth	Studying in Present Class	Year of passing PUC
1.	U18CM22M0065	GIRISH S	Swami Gowda / Prabavathi B R	2022	01/11/2003	11.V	-
2.	U18CM22C0188	UMAR L	Lalisab / Paraveem Begam	N.S.		II Year BBA	2022
3.	UIRC MARKING IN		Cansad / Faraveen began	2022	25/08/2004	II Year B.COM	2022
202	U18CM22M0042	SUNIL KUMAR B R	Ram Mohan / Obulamma B	2022	09/07/2004	II Year BBA	2022
4.	U18CM23C0024	BHARATH KUMAR M	Mohan kumar M R/Manjula N	2023	14/12/2004	I Year B.Com	2023
s.	U18CM23C0070	SHREYAS C	Chenna Basappa C/Mani M	2023	06/12/2005		
s.	U18CM23S0054	VIKASM			00/12/2003	I Year B.Com	2023
20		TICAS M	Muniraju/ Sunitha	2023	30/11/2005	I Year BCA	2023
,	U18CM22A0009	RAKSHITHA R HEBBALI	Rayappa B Hebbali/Saroja R Hebbali	2022	06/01/2003	II Year BA	2023
i.	U18CM22C0147	MYTHRI B.K	Komar S/Rukamanamma	2022	06/01/2003	II Year B.Com	
<u>.</u>	U18CM22M0033	NAVYA DEEPTHI	Achuth Narayana/Anuka Yashoda	2022	06/01/2003	Il Year B.Com	2022
0.	U18CM22C0179	NISHA D	Darmender/Neethu Devi	2022	29/05/2004	Il Year B.Com	2022

NOTE: No overwriting on the entry form

Signature of the Principal with Seal PRINCIPAL

Dr. N.S.A.M. First Grade College Sr. No. 21, Krishnarajapura Village, Shivakole (P) Hesaraghatta Hobil, Bangalore-566 089

-

Signature of the Physical Education Director with Seal Physical Education Director Dr. N.S.A.M. First Grade College Nichnarajopura Viloge, Bengatur-560 089

NITTE

Krishnarajapura village, Shivakote post, Bangalore-89 (NAAC Accredited) E mail: <u>nsamfgcb@nitte.edu.in</u> Website: <u>www.nsam.ac.in</u>

Date: 28/12/2023

BCU Inter Collegiate Athletic Meet Report 2023-24.

Student participated in BCU Athletic Meet organized by Department of Physial Education Bengaluru City University, Bengaluru on 19^{th and} 20th December 2023.

Participants Name list

SI.No	Name of the Student	Course
1.	DARSHAN V	III Year S.Com
2.	UMAR L	Il Year B.Com
3.	KARAN	Il Year B.Com L&SCN
4.	KARTHIK C	I Year B.Com
5.	AKASHA V	III Year BBA
6.	AKASH H V	III Year B.Com
7.	GIRISH S	I Year BBA (AM)
8.	PALANIVEL KUMAR	If Year B.Com
9,	SHREYAS C	I Year B.Com
10.	BHARATH KUMAR M	I Year B.Com
11.	VAMSHI K	I Year B.Com
12.	PRASAD KUMAR PATRA	Il Year B.Com L&SCM
13.	VARUN KUMAR A	II Year B.Com BDA
14.	PRANAV C	I Year B.Com
15.	H A PRAJWAL	I Year B.Com
16.	KUMAR R GAURAV	I Year B.Com
17.	OMXAR S PUJARI	III Year 38A
18.	AMAI: GOWDA	1 Year B.Com
19.	MOHAMMED YUNUS AZHAR	Il Year S Com

Physical Education Director Dr. N.S.A.M. First Grade College Kitshnaiajapura Vilage, Bengaluru-S60 089

DL (15 A M. First Grade Collega Sy. No. 2) Krishnarajaputa Vilage, Shivakate (P) Hesaraghatta Hobil, Bengaluru-560 089

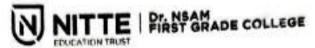
20.	TEJAS YADAV M	III Year BBA
21.	MOHAMMED SHOIAB	III Year BBA
22.	AKASH B R	II Year B.Com
23.	RAKSHIT RAYAPPA HEBBALI	II Year BA
24.	LIKITHA PATNAIK	III Year BBA
25.	CINCHANA K R	II Year SiBA (AM)
26.	LIKITHA N	III Year B.Com
27.	MEGHANA M	l Year BDA
28.	BHOOMIKA N	I Year BDA
29.	NAVYA DEEPTHI	II Year BBA
30.	BHAKTHI H PATIL	I Year B.Com

Result:-

- 1. Total 120 College Participated in the tournament
- UMAR L of II Year B.Com bagged Silver Medal in 3000 Mtr Steeple Chase event
- Darshan V of III Year B.com got Fourth position in 3000 Mtr Steeple Chase event
- GIRISH S of II Year BBA (AV) bagged bronze medal in 20KM Walk Race
- RAKSHIT RAYAPPA HEBBALI of II Year BA bagged bronze medal in 3000 Mtr Steeple Chase event
- 6. Students actively participated in the Tournament.

Physical Education Director Dr. N.S.A.M. First Grade College Krishnarajopura Vilage, Bengalau 560 089

Dr. N.S.A.M. First Grade College Sy. No. 21, Krishnaralapura Village, Shivakote (P) Hesaraghatia Hobil, Bengaluru-560 089



Krishnarajapura village, Shivakote post, Bangalore-89 (NAAC Accredited) E mail: <u>nsamfgcb@nitte.edu.in</u> Website: <u>www.nsam.ac.in</u>

Date: 07/12/2024

BCU Inter Collegiate Men Kho-Kho Selection Trails Report 2023-24.

Student participated in BCU Men Kho-Kho Selection Trails organized by GFGC Malleshwaram on 30th November 2023.

Participants Name list

Sl.No	Name of the Student	Course
1.	UMAR.L	II Year B.Com
2.	KARTHIK C	I Year B.Com
3.	GIRISH S	II Year BBA
4.	VAMSH! K	I Year B.Com
5.	NAVESH KUSHASHIRAPURE	I Year BCA
6.	NAVEEN KUMAR S	I Year B.Com
7.	VIKAS M	I Year BCA

Selection Trails Result:-

4

- Umar L of II Year B.Com got selected to the second day trails but in semifinal he could not selected
- 2. Students actively participated in the Tournament.

Physical Education Director Dr. N.S.A.M. First Grade College Kirshnarajapura Viloge, Bengaluu 550 089

Dr. N.S.A.M. First Grade College Sy. No. 21. Krishnarajapura Village, Shivakote (P) Hesaraghatta Habil, Bengaluru-660 089



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Date: 06/12/2024

BCU Inter Collegiate Women Kho-Kho Selection Trails Report 2023-24.

Student participated in BCU Women Kho-Kho Selection Trails organized by Maharani Lakshmi College on 29th November 2023.

Participants Name list

Sl.No	Name of the Student	Course
1.	RAKSHITA RAYAPPA HEBBALI	II Year BA
2.	MYTHRI B.K	II Year B.Com
3.	M PAVITHRA	I Year B.Com

Selection Trails Result:-

- RAKSHITA RAYAPPA HEBBALI of II Year BA got selected to Kho-Kho BCU team and she will represent South Zone national.
- 2. Students actively participated in the Tournament.

Physical Education Director Dr. N.S.A.M. Fist Grade College Consolopusa Wildge, Bengaluu-550 089

IPAL Dr. N.S.A.M. First Grade College

Sy. No. 21, Krishnarajapura Village, Shivakote (P) Hesaraghatia Habil, Benguluru-560 089

NITTE PIRST GRADE COLLEGE

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Date: 02/01/2024

BCU Inter Collegiate Taekwondo Selection Trails Report 2023-24.

Student participated in BCU Taekwondo Selection Trails organized by Bengaluru City University on 20th December 2023.

Participants Name list

81.No	Name of the Student	Course
1.	JAYANTH GOWVDA KJ	III Year B.Com
2.	ROHITH G	III Year B.Com
3.	VAMSH: REDDY	I Year B.Com

Selection trails Result:-

- 1. Selection trails were done by Bengaluru City University
- Due to some inconvenience of transportation students were not sent to the tournament.

Physical Education Director Dr. N.S.A.M. First Grade College Kishnarajapura Viloge, Bengaluru-560 089

PAL Dr. N.S.A.M. First Grade College Sy. No. 21, Krishnarajapura Village, Shivakole (P) Hesaraghatta Hobli, Bengaluru-560 089



Krishnarajapura village, Shivakote post, Bangalore-89 (NAAC Accredited) E mail: <u>nsamfgcb@nitte.edu.in</u> Website: www.usam.ac.in

Date: 21/06/2024

BCU Inter Collegiate Volleyball Tournament Report 2023-24.

Student participated in BCU Inter Collegiate Volleyball Tournament organized by BES Degree College Jayanagar, Bangalore on 19^{th and} 20th June 2024.

Participants Name list :

Sl.No	Name of the Student	Course
1	Darshan V	III Year B.Com
2	Karthik C	I Year B.Com
3	Vivek T A	1 Year B.Com
4	Akash H V	JJI Year B.Com
5	Akasha V	III Year BBA
6	Samarth Shenoy S R	1 Year B.Com
7	Bhuvan S	1 Year B.Com
8	Mohammed Yunus Azhar	11 Year B.Com
9	Nischal J	1 Year B.Com
10	Manoj Gowda K	III Year B.Com
11	Jayanth Gowda	III Year B.Com
12	Dhanush N	III Year B.Con

Result:-

- 1. Total 34 College were Participated in the tournament
- Our college volleyball team lost against Vijaya college in the Quarter final match
- 3. Students actively participated in the Tournament.

Physical Education Director

Dr. N.S.A.M. First Grade College Michnaiajapura Wlage, Bengaluru-560 089

Dr. N.S.A.M. First Grade College Sy. No. 21, Kristnarojapura Vitage, Shivakote (P) Hesatoghatta Hobil Bengaluru-560 089